



CARNEVALE FITNESS LLC

SERVICES AVAILABLE:

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| ONE-ON-ONE | Personal training session with just the trainer for sixty (60) minutes |
| | Personal training session with just the trainer for thirty (30) minutes |
| PARTNER TRAINING | Training session with trainer and a friend |
| WEIGHT MANAGEMENT | Phone or in person sixty (60) minute weight management consulting |
| | Phone or in person thirty (30) minute weight management consulting |

Training sessions are available in home or at a gym

Currently Carnevale Fitness LLC is available to train at the Newport Fitness Gym*

WWW.NEWPORTFIT.COM

*Monthly membership will be required